



K&L ONLINE CLASSES

USER GUIDE - FAQ

Your guide to K&L Dance Online Classes. Find everything you need to know to get the most out of your online dance class experience. Please email any questions to the K&L Dance team at info@kadularissa.com.

K&L ONLINE CLASSES

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GETTING STARTED

This section will take you through how to access Kadu and Larissa's Online Classes.

USING THE VIDEO PLAYER

The K&L Online Classes Video Player is shown below.

Brazilian Zouk Foundation 1

The screenshot displays a video player interface for a lesson titled "Brazilian Zouk Beginner Basic". The video content shows two instructors, a woman and a man, standing on a stage with a red curtain background. The video player includes a progress bar (00:14 / 06:26), volume control, and a settings menu. The settings menu is open, showing "Quality 1080p" and "Speed Normal". Below the video player are four recommended video thumbnails: "Brazilian Zouk basic", "Viradinha", "Basic travelling around the dance floor", and "Lateral". Arrows point from the settings menu to the "Lateral" thumbnail, and from the "Lateral" thumbnail to the "Basic travelling around the dance floor" thumbnail. The thumbnails are numbered 1 through 5.

An explanation of how to use the Video Player can be found here:

1. Add this class to your favorites
2. Share the link of this video on your social media (only members can watch the class, nonmembers will be sent to the sign up page)
3. The Volume Control bar can be used to increase or decrease the volume
4. Settings button will show you different speed options, allowing you to watch the class at a slower or faster speed

5. When the Autoplay is ON – video will be played automatically when you open the page
6. You can choose to play your video in picture-in-picture
7. You can stream from your phone or computer up to your TV
8. The Maximize button will change the video to be Fullscreen or back to a window display

Extra options



1. The settings button will show you different speed options, allowing you to watch the class at a slower or faster speeds



2. The settings button will show you different quality options, allowing you to lower the resolution for a faster upload (useful if your internet connection is slow)

Asking K&L questions about the movements

Asking K&L questions about the class is simple and can be done as follows:

About Comments

No comments yet

Join the discussion

Categories

Brazilian Zouk

Post Comment

1. Scroll to the bottom the page you are on
2. Click on Comments
3. Type your question explaining which class you are referring to
4. Click **Post comment**
5. Your question is now visible to other students, and K&L will answer it by replying to the question or in the monthly student LIVE Q&A if it requires demonstration. Make sure you keep an eye out for the answer

BECOMING A MEMBER

Receive more than 100 classes at Sign Up. It includes the following playlists:

- Brazilian Zouk Foundation 1
- Brazilian Zouk Foundation 2
- Brazilian Zouk Intermediate
- Brazilian Zouk Advanced
- Brazilian Zouk Styling/Drills for Followers
- Brazilian Zouk Styling/Drills for Leaders
- Samba de Gafieira Beginners
- Stretch and Strength Exercises for Dancers

DIFFERENT MEMBERSHIP OPTIONS

Gold membership (monthly subscription)

1. More than 100 videos offered at sign up (including Stretch and Strength Exercises for Dancers)
2. New videos uploaded monthly
3. Q&A live session once a month with Kadu and Larissa
4. Easily ask questions and have them answered regularly by Kadu and Larissa
5. Only \$39.99 per month

Platinum membership (yearly subscription)

1. More than 100 videos offered at sign up (including Stretch and Strength Exercises for Dancers)
2. New videos uploaded monthly
3. Q&A live session once a month with Kadu and Larissa
4. Easily ask questions and have them answered regularly by Kadu and Larissa
5. Send your video dancing for feedback once a year
6. Receive more than 20 Zouk original songs by Kadu Pires
7. Only \$27.90 per month (paid upfront)

To subscribe to GOLD or PLATINUM memberships follow these steps:

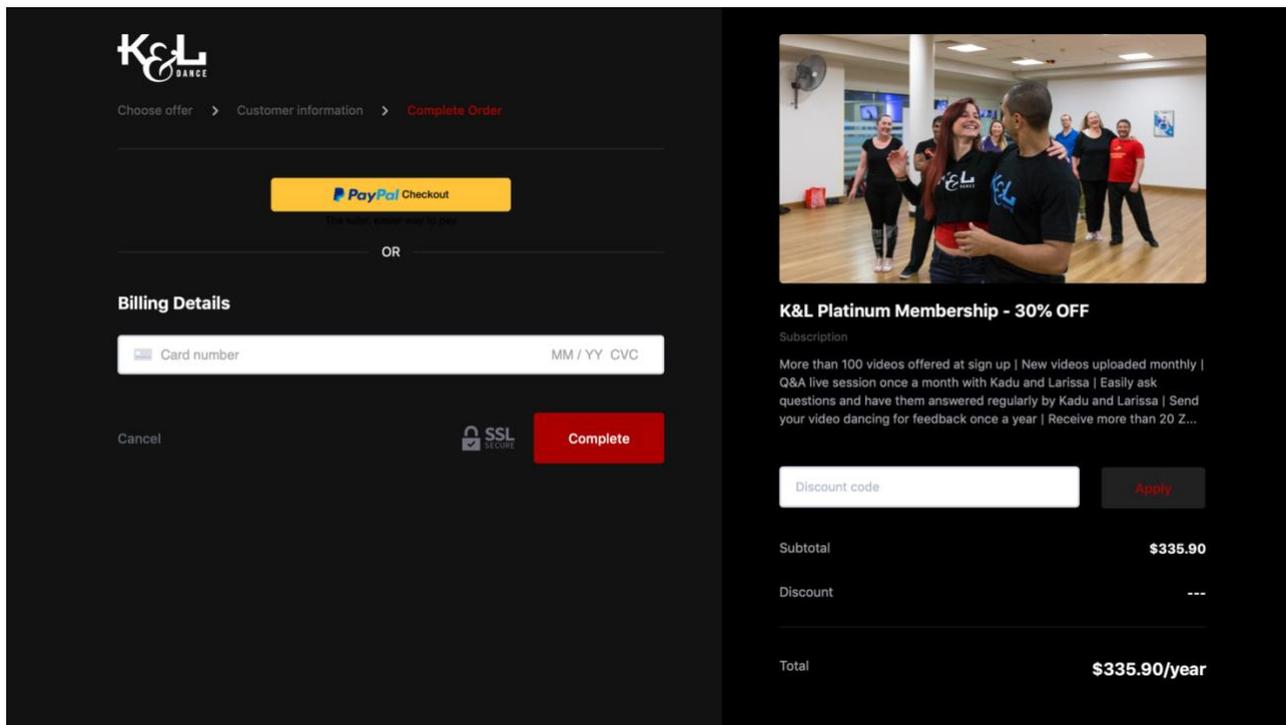
1. Click on the Sign Up Here button on Home page (as shown below in the screenshot).



Start today!

Learn from world renowned Brazilian dancers Kadu and Larissa. K&L classes explain technique, timing, connection on a series of movements and drills. More than 100 classes offered at sign up, including solo classes. Ask questions on the videos and have them answered by Kadu and Larissa. Join K&L's monthly LIVE Q&A's. Subscribe for as little as \$27.99 USD per month and take your dance to the next level!

2. You will be redirected to where you can choose which membership you would like to join
3. Add your customer information to start your new member account, then click **continue**
4. Choose payment option (PayPal or Credit Card)



5. You will see a Thank you for your order message shown on your screen
6. You will very shortly receive a Welcome email with your login details

LOGGING IN

To log in follow these steps:

1. Go to the K&L Website at <https://www.kadularissaonline.com>
2. On the navigation bar, select Sign In
3. From the email you received from Kadu and Larissa Online Classes when you joined the class, enter your **Email** and **Password** and press the **Login**

Changing your password

To change your password:

1. Follow the steps in
2. **Logging In** to log into your account
3. Click the **Dashboard** link on the navigation bar -> click on Password
4. Enter your **new** Password in box 1 and again in box 2 and click **Save Changes** as shown in the screenshot below.

The screenshot shows a user interface for K&L DANCE. At the top left is the logo, and at the top right is a close button (X). Below the logo are three navigation tabs: 'Profile', 'Password' (which is highlighted with a red underline), and 'Billing'. There are two input fields for passwords. The first is labeled 'Current Password' and the second is labeled 'New Password'. Both fields have a white background and a small eye icon on the right side to toggle visibility. At the bottom right of the form is a red button labeled 'Save Changes'.

Logging out

To logout once logged in:

1. Click the **Sign Out** link on navigation bar on top of the page

CANCELLING YOUR MEMBERSHIP

To leave a class follow the below instructions. You will no longer be charged a monthly fee for this class or have access to the classes.

1. Click on Dashboard on navigation bar
2. Go to billing
3. Click on **Change Plan**
4. Click on **Cancel Membership** on the right hand corner



Profile Password **Billing**

Gift Card Balance
\$0.00

Redeem a Gift Card

Payment Method

Card number

MM / YY CVC

Save Card

Active Plan



K&L Platinum Membership - 30% OFF

\$335.90/year Next payment on 04/07/2021

Change Plan

Payment History

#192409K&L Platinum Membership - 30% OFF

\$0.00

Paid

04/07/2020



K&L Gold Membership

\$39.99/month

Choose Plan



K&L Platinum Membership - 30% OFF

\$335.90/year

Active Plan

Go Back

Cancel Membership

FREQUENTLY ASKED QUESTIONS

Why K&L Online Dance Classes?

Kadu & Larissa spend anywhere from 5-8 months per year travelling around the world and teaching classes at dance academies, congresses and other events sharing their passion for dance. Despite travelling to 15+ countries each year, students from around the world often ask how they can learn from Kadu & Larissa on an ongoing basis. The concept of online dance classes has been around for some time however what makes K&L Dance Online Classes different is that students will receive more than 100 videos at sign up, new classes are uploaded monthly, students have access to LIVE Q&A and they can easily ask questions and have them answered regularly by K&L in their monthly videos.

The other key difference of K&L Dance Online Classes to traditional methods of delivery, such as DVDs, are that students can view the videos anywhere, anytime and on any device directly through the online portal making this a very convenient way to learn.

This medium also allows students to keep updated with the latest content as the courses are regularly updated with the newest styles and movements.

How do I get the most out of K&L Online Dance Classes?

Online Dance Classes should be used as a supplement to attending traditional dance classes, workshops and events. You should not stop attending classes at your dance academy as receiving individual feedback on your style, technique and leading/following ability is essential.

Our classes explain the technique, timing, style and connection (lead/follow) on a series of movements that can be practiced with or without a partner. Kadu and Larissa also offer solo drills so you can practice specific movements on your own.

One of the advantage of online classes over traditional DVDs is you are no longer tied to your TV to practice these movements. You can now view the classes anywhere that you have a device and an internet connection. For example, take an iPad or a laptop to a dance studio and practice our movements with a partner.

Are the same videos/movements on the K&L DVDs?

No, all the videos on the Online Classes portal have been recorded especially for this teaching medium. Whilst some of the foundation movements are similar to those on the DVDs, they are explained in more detail in the online course.

Should I buy K&L DVDs or join K&L Online Classes?

Each teaching medium has its advantages. K&L Online Classes give students:

- The opportunity to ask questions about the movements and receive answers. In this way K&L Online Classes are the next best thing to attending a live class with Kadu & Larissa.
- The convenience of being able to view the classes anywhere, anytime, on any device.
- There is no delay in receiving the material in the post nor are you tied to your TV to watch the DVDs.

- Access to the latest content. Courses will be regularly updated with the newest styles and movements.

What devices are supported?

Any device with internet access and a browser can be used to access the K&L Online Class. PCs, Macs, iPads, iPad Minis, iPhones, Androids are all supported.

Can I try before paying?

Yes! **Watch Trailer** to access the trial classes to help you decide whether Online Classes are for you.

Once I sign up am I locked in for classes?

K&L Online Classes are offered as a monthly subscription. You can cancel your subscription at any time but your access will be removed as soon as you cancel your membership. You will not be billed further once you cancel your subscription.

How do I subscribe/join a class?

Refer to the **Different Membership Options** section of this document for instructions on how to sign up.

How do I unsubscribe/leave a class?

Refer to the **Cancelling a Membership** section of this document for instructions on how to leave a class.

TROUBLESHOOTING

I can't log in?

If after following this guide you still have trouble accessing K&L Online Classes please contact us immediately at info@kadularissa.com.

Videos are slow to load?

K&L Online Videos are streamed directly to the user in either High Definition (1080p), Standard Definition (480p) or lower formats. Video Content is delivered through a Content Delivery Network (CDN) worldwide to ensure students anywhere in the world can experience the videos in high definition. You will need at least a broadband ADSL or better connection to watch the videos without experiencing slowness to load or lag.

Still need help?

If you have any questions or issues using the system please contact us at info@kadularissa.com.